

## *Get Rid of the Clutter*

You may think that you've got everything under control. You may even believe that your way is the right way to get you where you want to be, but just in case your way has caused a standstill, and you're still waiting for your heart's desire to come to pass, consider Psalm 51:10; It says "*Create in me a clean heart, O God; and renew a right spirit within me.*"

The question to ask yourself is "*Why did this scripture use the word 'create'?*" King David was the psalmist here, and as you know, he had been vexed miserably by Saul's numerous attempts to kill him. It would not have been unusual for David to write continual pleas to God to help him escape his antagonist, but this is not the case in Psalm 51:10. He doesn't pray for God to preserve his reputation, or to let him put Saul to shame and have honor among the people of Israel. His great concern was to have his corrupt nature transformed.

This word *create* suggests that something needs to be made from scratch; that it will be produced or set into existence by something greater than itself. Well David's heart had been created. It was already in existence. The very fact that He prayed for God to create within him a clean heart tells us something very important about David. It tells us that he was humble, so much so that he realized the need for God to do something that he, himself, was unable to do. It tells us that David recognized that he was not where he needed to be in his relationship with God, and he knew that a clean heart was the way to get closer to the Father.

David wisely used the term "*clean heart*". This means that it's possible for our hearts to be unclean in some way. And if this is a possibility, then we should reckon that a heart takes a passage of time to become dirty, and it takes some element of time to get clean. If we could do it all ourselves, then we would not derive any wisdom and instruction from Psalm 51:10, but we can't do it alone. We need the Father's supernatural help.

If we get real honest with ourselves and about the condition of our hearts, we would see why it's so important to take some quality, alone time in prayer with the Father. Most of us won't do this because we don't want to deal with the clutter that we've allowed to accumulate in the inner sanctum of our beings. There are a million and one things going on all around us to distract us from this work. The busyness of our schedules makes us neglectful, and we forget how integral the conditions of our hearts are to the intimacy of our relationship with God.

Matthew 12:35 (NLT) says "*A good person produces good things from the treasury of a good heart, and an evil person produces evil things from the treasury of an evil heart.*" This verse in Matthew is very clear. It leaves no room for guess work and gets right down to the truth of the

---

Scripture quotations marked (NLT) are taken from the ***Holy Bible, New Living Translation***, copyright © 1996. Used by permission of Tyndale House Publishers, Inc., Wheaton, Illinois 60189. All rights reserved.

"*Get Rid of the Clutter*" written by Kim Ayala, edited by Reverend Fran Times-Mack, for Sundie Morning Sistas ©2011. All rights reserved. All done to the glory of God through Jesus Christ, our Lord! SMS is dedicated to inspiring and encouraging Christian Women through the Word of God.

matter. You have to look at what you are producing to get some idea of what is in your heart. If you don't like the results you are producing or getting, then you have some clutter to get rid of. You have to change the condition of your heart.

To make my point here a little clearer, consider a brief conversation that I had with a woman I rode the elevator with once. She made a very negative reference to men, which was quite surprising considering that she had been married for a number of years. I, on the other hand, was single at the time and was in expectation mode (meaning I was doing some internal decluttering of my own and was believing God to bless me with a mate). During a brief conversation, the woman said *"All men are cheaters. You won't find a good man these days"*. If I had not been a mature believer, to hear such a statement could have knocked me back a few steps mentally, emotionally, and spiritually, but I knew better. Before I knew it, the words *"you couldn't be more wrong"* rolled off my lips. I told her that all men are not cheaters. Just as there is an abundance of good women whose hearts are pure towards God, He will certainly make sure that there are plenty of good men to partner with them. There happened to be a man on the elevator who stood quiet during her comments, but when I made the confirmation, he looked at me and said, *"thank you"*.

Women can become so bitter and cynical, that their judgments are polluted by the wrong kind of thoughts and attitudes. You have to wonder, for someone to feel so negatively about men and be married, what must be going on internally for her to make such a comment. Perhaps this woman's husband has injured her, and if he had, she had not forgiven this debt, but rather she allowed it to fester in her heart. It caused her to spew out venom that was completely contrary to the heart of God's Will.

The work of making sure our hearts and minds are clean and filled with the goodness of God is completely our responsibility. When you invest in your own housecleaning and patiently endure as God helps you clean out the clutter, you will reap the fruits of your labor. This life is meant to be lived to the fullest, with all the abundance that Jesus Christ made available. So recognize when you've allowed too much hurt, pain, and suffering to clog up your arteries of love and light. Get rid of the toxicity, so that blessings begin to flow your way. ●

---

Scripture quotations marked (NLT) are taken from the ***Holy Bible, New Living Translation***, copyright © 1996. Used by permission of Tyndale House Publishers, Inc., Wheaton, Illinois 60189. All rights reserved.

*"Get Rid of the Clutter"* written by Kim Ayala, edited by Reverend Fran Times-Mack, for Sundie Morning Sistas ©2011. All rights reserved. All done to the glory of God through Jesus Christ, our Lord! SMS is dedicated to inspiring and encouraging Christian Women through the Word of God.